



CHARTING THE Cs 2017

5th ANNUAL STUDENT-FAMILY CONFERENCE

Everyday people doing extraordinary things!

SATURDAY, APRIL 22, 2017

12:30 PM-6:00 PM

[Arrowwood Resort & Conference Center](#)

2100 Arrowwood Lane, Alexandria, MN



- Do you have a pre-school or school-aged child with special needs?
- Do those special needs interfere with your child's ability to play and interact with his or her family members, cousins, grandparents?
- Would your family like to learn more about what they can do to actively interact or play? Take a look at our line up of topics on the next page.

If you answered "Yes" to any of these, then please join us Saturday, April 22, 2017 from 12:30-6:00 at Arrowwood Resort and Conference Center near Alexandria, MN for an afternoon of child-family activities and informational sessions. Family member(s) are encouraged to accompany the child in the sessions. The sessions are designed to include family members in the activities—making things, playing and learning together. We have a "Kid Zone" Room where you might have your child take a little break while you attend one of the information sessions that, well--just might not hold their interest!

Please note that some families may have service or guide dogs. A service dog trainer may be present at our event, allowing interested families to spend some time learning more about service dog programs.



What if we want to come in Friday night—or—stay over on Saturday night? YES—you can! Lodging is \$95.00 plus tax per night for most lodging rooms. If you are viewing this on your computer [click here](#) to view a selection of room options. Family Suite, Kid's Room, Loft Suites, Apartment, etc. Please Note: You will need to complete a special lodging form to get this special conference rate. If you want some help with this form, please give us a call at 800-739-3273 and ask for Jolene.

Special Water Park Rate: \$8 per person. The water park has lift seats.

REGISTRATION FEE

Just \$10.00 per FAMILY TEAM

Yes-REALLY! Just \$10.00 for your family/ caregiving team! Bring grandparents, aunts, uncles, sitters--All for \$10.

Includes afternoon snacks and an evening meal for your family & guest members who attended the afternoon activities.

[Click here to register online](#)

Don't have access to a computer?

Call Jolene at 800-739-3273 for registration assistance.

SESSION DESCRIPTIONS

A. Parachute Activities; Aerial Activities; Frisbee Golf - These activities are Up, Up and Away. All activities involve equipment and games that move away from the participant. (Leaders are members of the MN DAPE Leadership Organization)

B. Make it, Take it (Ribbon Streamers); Ribbons and Music; Dice Game Activities - The activities in this session involve Music and Movement; come be creative in a number of rhythmic ways and you won't take a chance on having fun in these activities. (Leaders are members of the MN DAPE Leadership Organization)

C. Bowling; Hula Hoop Activities and Wacky Relays - The Activities in this session are three indoor favorites. Bowling is fun but even more fun with accommodations that help independence. Hula Hoops - moving explorations that are fun. The grand finale, the wacky relays are activities that you've never tried on before. Certainly will be a photo worthy activity. (Leaders are members of the MN DAPE Leadership Organization)

D. Yoga Calm - This is an introduction to Yoga Calm for your family. We will explore breath, movement, and relaxation together. We will also have fun with games and social emotional connection. (Presenter: Katie Thune)

E. Healthy Relationships in Our Lives - We will talk about the different people in our lives and the different types of touch that we use with those different people. After defining relationship, we will brainstorm healthy and unhealthy behaviors that we might see in relationships in our lives. We will talk about the 5 pieces of a healthy relationship and how to recognize if one of those pieces is missing from our relationship. (Presenter: Katie Thune)

F. How to Support the Sibling(s)? - This session is for families with at least one sibling that does not have any special health care needs or disability. There are many different avenues for parents to receive the support they need, but what about the siblings? Come find out how you can help the siblings in your family! During this session, we will discuss the unique concerns and opportunities that arise with having a child with special needs. We will then give you strategies on how to support all the members of your family. Lastly, information on how to start a sibling support interactive group in your area will be shared from trained sibshop facilitators. (Presenter: Pam Moening)

G. Fun for Siblings - Come meet other brothers and sisters that have siblings with special needs and play interactive games to help you see you're not alone. Participants include children aged 7-13 who have a sibling with a cognitive, physical, mental health or special health care need or disability. This session is intended for siblings to connect with other siblings that have similar life experiences. We will come together to celebrate the many contributions made by brothers and sisters of siblings with a disability. This session is for the sibling(s) that does(do) not have any type of disability or health care need only! **Maximum 20 participants.** (Presenter: Pam Moening)

H. Raising Readers - Parents will receive information on Early Reading Readiness (from pre-readers to emerging readers) and have discussion time with a teacher of Deaf and Hard of Hearing students. While parents are learning with the DHH Teacher the kids will be engaged in reading and related activities. This interactive event will model various reading strategies for parents to use with their child. In keeping with the intent of this event, please feel free to join us even if you do not have a child with a hearing loss. (Presenter: Leslie Carnegie-Hilde)

I. Technology Play and Learn Zone - This is an informal session where you and your child can interact with some technology. We will have the OSMO system and Wii systems set up and we will share how adaptations to the systems can encourage more learning and purposeful activities for you and your child. Have you heard of the Switchamajig device controlling app? The hosts of this session realize that people will 'come and go' throughout the day but they would like you to indicate (select a likely time on the registration form) if you plan to visit this activity. (Presenters: Jodie Forrey and Victoria Tamornino)

J. Cache Me if You Can - We would like to share our passion for Geocaching. We are excited about running a Geocaching Activity designed for Muggles and Experienced CITO Superstars! We have designed an activity for those who are just beginning their journey with Geocaching and those who are hot on the trail. We will have video learning stations, a poster board with explanations and photos, caches hidden in the main arena, and some swag to take with you! If you are without technology, no worries! We will have GPS devices for you to learn with. If you are concerned about adapting to the varying needs of your child(ren), we will also provide a challenged experience and show you the accessibility options! (Presenter: Jodie Forrey)

Schedule

Registration 12:15-12:30

Welcome 12:30-12:50 in the Tennis Center

	Tennis Center	Minnewaska	Osakis	Miltona A	Itasca
Breakout I 1:00-2:00	Parachute Activities; Aerial Activities; Frisbee Golf	Yoga Calm	How to Support the Sibling(s)?	Raising Readers	Technology Play and Learn Zone!
Breakout II 2:15-3:15	Make it, Take it (Ribbon Streamers); Ribbons and Music; Dice Game Activities	Yoga Calm	How to Support the Sibling(s)?	Raising Readers	Technology Play and Learn Zone!
Break 3:15-3:45	Snacks				
Breakout III 3:45-4:45	Bowling; Hula Hoop Activities and Wacky Relays	Healthy Relationships in Our Lives	Fun for Siblings	Raising Readers	Technology Play and Learn Zone! Cache Me if You Can (Meet in hall near Itasca)

Closing 4:45-5:00 in the Tennis Center

Evening Meal 5:00-6:00 in the Tennis Center

If your children need a break from the conference sessions, please visit the Kid Zone in Miltona B for fun activities or the Quiet Room in Miltona C.



PRESENTER BIOGRAPHICAL SHORT NOTES

A. Parachute Games and Activities/Rhythms and Dance/Make It Take It Activities

B. Spike Ball/Scooter and Pool Noodle Activities/Scooter Hockey

C. Beach Ball and Sit Volleyball/Clean Your Backyard/Archery

Presented by: Minnesota DAPE Leadership Committee



Region 1-2: Jodi Bendickson, Carol Skoe

Region 3: Kay Oling

Region 4: Heidi Fisher

Region 5/7: JoAnn Moats

Region 10: Sue Bremer

Region 11 - Mike Doyle, Pete Westby - Higher Ed. - Dr. Sue Tarr

Statewide DAPE Specialist - Rich Burke

D. Yoga Calm

E. Healthy Relationships in Our Lives

Presented by: Katie Thune

Since 2007 Katie has been implementing yoga-based interventions and mindfulness for people with disabilities. She has her Teaching License in Health Education, and Special Education K–12, as well as her MA in Education: Developmental Disabilities. In her 12 years working as a school teacher in Saint Paul Public Schools, her most rewarding work was helping children reach their fullest potential, whether helping a child join Special Olympics or teaching a student mindfulness techniques to use at home. Katie has done extensive curriculum writing and relationship work with nonprofits like Highland Friendship Club, Autism Society MN, Upstream Arts, and Special Olympics MN. She has developed curricula and courses for these organizations on the topics of healthy relationships and sexuality education, incorporating mindfulness activities and yoga.

F. How to Support the Sibling(s)?

G. Fun for Siblings

Presented by: Pam Moening

Pam Moening, Doctor of Occupational Therapy (OTD) and a first generation Sibshop facilitator has been involved with assistive technology for over 10 years. She completed her doctorate with an emphasis in pediatrics and a capstone project focused on implementing Universal Design for Learning. Pam has worked as an early childhood school-based occupational therapist since 2012. She has had the opportunity to work closely with many families as they adjust to family life when a child has special needs as well as how assistive technology can support our youngest learners.

H. Raising Readers

Presented by: Leslie Carnegie-Hilde

Leslie Carnegie-Hilde is a Parent Guide through Mn Hands and Voice and serves the Upper Northwest Area in Minnesota. She is also the parent of two daughters, one age 16 born with congenital Atresia/Microtia to her right ear, leaving her with single sided deafness plus (Bipolar) and second daughter now age 10 who at birth had an injury that left her with a Brachial Plexus injury to her right arm and shoulder. Both girls have as big a heart and smile. Leslie believes we all have our own special needs and her family is no exception! With a strong support system and wonderful resources such as MN Hands & Voices it has made their journey just a little easier

I. Technology Play and Learn Zone!

Presented by: Jodie Forrey and Victoria Tambornino

Jodie Forrey is working out of Riverbend Education District in New Ulm, MN. She is a Physical/Other Health, Traumatic Brain Injury and Assistive Technology Consultant. Charting the C's has helped fuel her interest in Assistive Technology and Adapting Activities for Access for Uniquely Challenged Learners. At Charting the C's, she has presented on Geocaching and Adapting the Wii. She holds licensure in Minnesota for Multiply Impaired, Developmental Disabilities, Elementary Education, and Physical Impairments.

Victoria Tambornino is a Media Specialist with the New Ulm School District and has a special interest in technology and collaboration with teachers serving children with special needs.

REGISTRATION

We prefer that you register online via the link below:

<https://www.surveymonkey.com/r/QFSXJHB>

If you are unable to register online, please call Jolene at 800-739-3273
and we will assist you with your registration.

Mail check payment to:

Lakes Country Service Cooperative
ATTN: Jolene
1001 E Mount Faith
Fergus Falls, MN 56537

For credit card payments:

Call Jolene at 800-739-3273

Registration Deadline: April 14, 2017. After April 14th, please call for availability.



Please note that the lodging form is separate and needs to be returned to Arrowwood.
Never hurts to ask for the suite!



Charting the Cs is Going Green! Handouts will be posted on our website prior to the conference and also available through the Guidebook App (a free app that contains all of our conference information). Go to www.guidebook.com to view the conference schedule. For tablets and smartphones, go to the App Store or Android Market and download the Guidebook app. Enter redeem code CCCMN17 or search Charting the Cs.

Our planning group and presenters are from:

The Minnesota (DAPE) Developmental Adaptive Physical Education Leadership Group; Minnesota Department of Education Statewide Low Incidence Project Specialists; parent members of the Windmill Project; MN Partners in Policymaking; and educator volunteers in collaboration with the Minnesota Charting the C's 2017 Cross Categorical Conference planning group.

This event does not necessarily represent the policies of the federal Department of Education or the state Department of Education, and you should not assume endorsement by the federal or state government. Funding for this event is made possible with a grant from the MN Department of Education. The source of the funds is federal award Special Education – Programs to States, CFDA 84.027A.



Charting the C's 2017: 5th Annual Student-Family Conference

April 22, 2017

Lodging Form for Student - Family Conference

Lodging Reservations are only accepted using this form. No phone in reservations will be processed.

Complete this form and then save/print. Then choose options to send this to Arrowwood.

Scan and eMail or Print and Fax or Print and Mail via the postal service.

Please submit by April 14, 2017

Mr./Mrs./Ms.

Street

City

State

Zip

Day Phone

Email

Arrival Date

Departure Date

of Nights

People per room

Adults

Children

Special Requests: (i.e. Room Accessibility, Dietary, etc.)

Explain:

Method of Payment

Check (Reservation is not confirmed until payment received)

Visa Master Card Discover American Express

Card #

Expiration

Cardholder's Name

Signature _____

CANCELLATION POLICY

Our cancellation policy is 72 hours. We will charge your credit card one night's lodging for any cancellations made within 72 hours of your arrival. If payment is made by check, we will refund your money if cancellation is made before 72 hours of your arrival. We will keep advance payment if cancelled within 72 hours of your arrival.

****Please note this applies to your room only. Cancelling your registration for the conference is done separately. ****



Special Group Rates

If you have questions about what type of room would work best for your family give Kristie a call at Arrowwood Resort. Rachael is handling the lodging arrangements for this event and will advise you regarding your best options within the conference price rate. Call Kristie at (320)759-5010.

Guestrooms

\$95 Single/Double per night plus tax. (\$104.86/night)

Suites

\$95 per night plus tax. (\$104.86/night)

Townhomes

\$285.00 **3 Bedroom** plus tax

\$380.00 **4 Bedroom** plus tax

Cottages

\$190.00 **2 Bedroom** plus tax

\$285.00 **4 Bedroom** plus tax

\$570.00 **6 Bedroom** plus tax

Overflow Accommodations: Once Arrowwood Resort is sold-out, they will notify attendees that their reservation has been made at the Hampton Inn and Suites or the Holiday Inn. Limited transportation may be provided, shuttle times to be determined.

Important Note: Conference Lodging Reservations are not processed until you submit this form and provide payment information. You may:

e-Mail completed and scanned copy to:

kchisholm@arrowwoodresort.com **OR**

FAX Completed form to:

FAX # 320-762-0133 **OR**

MAIL Completed form to:

Arrowwood Resort & Conference Center

2100 Arrowwood Lane NW

Alexandria, MN 56308

CHECK-IN TIME IS 4 P.M.

CHECK-OUT TIME IS 11 A.M.